

INEQUALITIES

1 Show that if $a \geq 0$ and $b \geq 0$ then $ab(a^2 + b^2) \geq 2a^2b^2$.

$$ab(a^2 + b^2) \geq 2a^2b^2 \Leftrightarrow ab(a^2 + b^2) - 2a^2b^2 \geq 0$$

$$\Leftrightarrow ab[a^2 + b^2 - 2ab] \geq 0$$

$$\Leftrightarrow ab[a - b]^2 \geq 0$$

which is true, as both the LHS and the RHS of the expression to the left of the inequality are positive.

$$\therefore \text{ indeed } ab(a^2 + b^2) \geq 2a^2b^2$$

2 If $0 < x < y$, prove that $x^2 < xy < y^2$.

$$x < y \Rightarrow xy < y^2 \quad \text{by multiplying both sides by } y \text{ which is a positive number.}$$

$$\text{Also } x < y \Rightarrow x^2 < yx \quad \text{by multiplying both sides by } x \text{ which is a positive number.}$$

$$\therefore xy < y^2 \quad \text{and} \quad x^2 < yx$$

$$\therefore x^2 < xy < y^2$$

INEQUALITIES

- 3 (a) For positive x and y , prove that $\frac{x}{y} + \frac{y}{x} \geq 2$. (b) Hence prove that $x^2 - xy + y^2 \geq xy$.
- (c) Factorise $x^3 + y^3$ and show that $x^3 + y^3 \geq xyz \left(\frac{x}{z} + \frac{y}{z} \right)$ for $x, y, z > 0$.
- (d) Write similar expressions for $y^3 + z^3$ and $z^3 + x^3$.
- (e) Using results from parts (c) and (d), prove that $x^3 + y^3 + z^3 \geq 3xyz$.
- (f) If a, b, c, d are positive, deduce that:
- (i) $a + b + c \geq 3\sqrt[3]{abc}$ (ii) $(a+b+c)(a+b+d)(a+c+d)(b+c+d) \geq 81abcd$

a) $\frac{x}{y} + \frac{y}{x} \geq 2 \iff \frac{x^2}{y} + y \geq 2x \iff x^2 + y^2 \geq 2xy$ ①
 $\iff (x-y)^2 \geq 0$ which is true.

b) From ① $x^2 + y^2 \geq 2xy \iff x^2 - xy + y^2 \geq xy$.

c) $x^3 + y^3 = (x+y)(x^2 - xy + y^2)$
 As x and $y > 0$ $x^2 - xy + y^2 \geq xy \iff (x+y)(x^2 - xy + y^2) \geq xy(x+y)$
 $\iff x^3 + y^3 \geq xy(x+y)$

d) Likewise: $y^3 + z^3 \geq xyz \left(\frac{y}{x} + \frac{z}{x} \right)$ and $z^3 + x^3 \geq xyz \left(\frac{z}{y} + \frac{x}{y} \right)$ ② ③

e) Adding ②, ③ and ④, we obtain

$$2(x^3 + y^3 + z^3) \geq xyz \left[\frac{x}{z} + \frac{y}{z} + \frac{y}{x} + \frac{z}{x} + \frac{z}{y} + \frac{x}{y} \right]$$

But, we demonstrated at a) that $\frac{x}{y} + \frac{y}{x} \geq 2$, so:

$$xyz \left(\frac{x}{z} + \frac{z}{x} + \frac{y}{z} + \frac{z}{y} + \frac{x}{y} + \frac{y}{x} \right) \geq xyz (2 + 2 + 2)$$

$$\therefore x^3 + y^3 + z^3 \geq xyz \times \frac{6}{2} \quad \text{or} \quad x^3 + y^3 + z^3 \geq 3xyz$$

f) i) let $a = x^3$ $b = y^3$ and $c = z^3$ so $a + b + c \geq 3\sqrt[3]{a^3 b^3 c^3}$
 or $a + b + c \geq 3\sqrt[3]{abc}$

ii) likewise: $a + b + d \geq 3\sqrt[3]{abd}$
 $a + c + d \geq 3\sqrt[3]{acd}$
 and $b + c + d \geq 3\sqrt[3]{bcd}$

By multiplying the 4 inequalities, we obtain

$$(a+b+c)(a+b+d)(a+c+d)(b+c+d) \geq 81abcd$$

INEQUALITIES

4 (a) Show that $a^2 + b^2 + c^2 \geq ab + bc + ca$ for real a, b, c .

(b) Hence show that $(a + b + c)^2 \geq 3(ab + bc + ca)$.

a) $a^2 + b^2 + c^2 \geq ab + bc + ca$

We know $(a - b)^2 \geq 0 \iff a^2 - 2ab + b^2 \geq 0$

$$(b - c)^2 \geq 0 \iff b^2 - 2bc + c^2 \geq 0$$

$$(a - c)^2 \geq 0 \iff a^2 - 2ac + c^2 \geq 0$$

\therefore adding the 3 inequalities: $2(a^2 + b^2 + c^2) - 2(ab + bc + ca) \geq 0$
or $a^2 + b^2 + c^2 \geq ab + bc + ca$

b) $(a + b + c)^2 = (a + b + c)(a + b + c)$

$$= a^2 + ab + ac + ba + b^2 + bc + ac + bc + c^2$$

$$= a^2 + b^2 + c^2 + 2(ab + ac + bc)$$

But $a^2 + b^2 + c^2 \geq ab + bc + ca$
as demonstrated at a).

$$\therefore a^2 + b^2 + c^2 + 2(ab + ac + bc) \geq 3(ab + bc + ca)$$

$$\therefore (a + b + c)^2 \geq 3(ab + bc + ca)$$

INEQUALITIES

6 (a) Prove that $\frac{a+b}{2} \geq \sqrt{ab}$. Hence prove that $\frac{a+b+c+d}{4} \geq \sqrt[4]{abcd}$ for positive a, b, c, d .

(b) Let $d = \frac{a+b+c}{3}$. Show that $abc \leq \left(\frac{a+b+c}{3}\right)^3$.

$$\begin{aligned} \text{a) } (\sqrt{a} - \sqrt{b})^2 &\geq 0 &\Leftrightarrow a - 2\sqrt{ab} + b &\geq 0 \\ &&\Leftrightarrow a + b &\geq 2\sqrt{ab} \\ &&\Leftrightarrow \frac{a+b}{2} &\geq \sqrt{ab} \quad \textcircled{A} \end{aligned}$$

Similarly $\frac{c+d}{2} \geq \sqrt{cd} \quad \textcircled{B}$

Adding \textcircled{A} and \textcircled{B} we obtain $\frac{a+b+c+d}{2} \geq \sqrt{ab} + \sqrt{cd}$

$$\text{or } \frac{a+b+c+d}{4} \geq \frac{\sqrt{ab} + \sqrt{cd}}{2} \geq \sqrt{\sqrt{ab}\sqrt{cd}}$$

$$\text{So } \frac{a+b+c+d}{4} \geq \sqrt[4]{abcd}$$

b) The inequality becomes: $\frac{a+b+c + \frac{1}{3}(a+b+c)}{4} \geq \sqrt[4]{abc \left(\frac{1}{3}(a+b+c)\right)}$

$$\text{or } \frac{4}{3 \times 4} (a+b+c) \geq \sqrt[4]{abc} \sqrt[4]{\frac{a+b+c}{3}}$$

$$\text{or } \frac{a+b+c}{3} \geq \sqrt[4]{abc} \sqrt[4]{\frac{a+b+c}{3}}$$

$$\text{or } \left(\frac{a+b+c}{3}\right)^4 \geq abc \times \left(\frac{a+b+c}{3}\right)$$

$$\text{or } \left(\frac{a+b+c}{3}\right)^3 \geq abc$$

INEQUALITIES

8 If $x > 0$ and $y > 0$, prove that:

(a) $\frac{1}{x} + \frac{1}{y} \geq \frac{4}{x+y}$

(b) $\frac{1}{x^2} + \frac{1}{y^2} \geq \frac{8}{(x+y)^2}$

a) $\frac{1}{x} + \frac{1}{y} \geq \frac{4}{x+y} \iff \frac{x+y}{xy} \geq \frac{4}{x+y}$

$$\iff (x+y)^2 \geq 4xy$$

$$\iff x^2 + 2xy + y^2 \geq 4xy$$

$$\iff x^2 - 2xy + y^2 \geq 0$$

$$\iff (x-y)^2 \geq 0 \text{ which is true.}$$

So indeed we must have $\frac{1}{x} + \frac{1}{y} \geq \frac{4}{x+y}$.

b) Squaring both sides: $\frac{1}{x^2} + \frac{1}{y^2} + \frac{2}{xy} \geq \frac{16}{(x+y)^2}$

But also $\left(\frac{1}{x} - \frac{1}{y}\right)^2 \geq 0 \iff \frac{1}{x^2} + \frac{1}{y^2} - \frac{2}{xy} \geq 0$

Adding both: $2\left[\frac{1}{x^2} + \frac{1}{y^2}\right] \geq \frac{16}{(x+y)^2}$

$$\frac{1}{x^2} + \frac{1}{y^2} \geq \frac{8}{(x+y)^2}$$

INEQUALITIES

- 9 (a) If a and b are real numbers, prove that $4a^2 - 6ab + 4b^2 \geq a^2 + b^2$.
 (b) Write the binomial expansion of $(a-b)^4$ and prove that $a^4 + b^4 \geq a^3b + ab^3$ if $a > 0$ and $b > 0$.

$$a) \quad 4a^2 - 6ab + 4b^2 \geq a^2 + b^2 \quad \textcircled{A}$$

$$\Leftrightarrow 3a^2 - 6ab + 3b^2 \geq 0$$

$$\Leftrightarrow a^2 - 2ab + b^2 \geq 0$$

$$\Leftrightarrow (a-b)^2 \geq 0 \text{ which is true, therefore}$$

the inequality \textcircled{A} must also be true.

$$b) \quad (a-b)^4 = a^4 + 4a^3b + 6a^2b^2 + 4ab^3 + b^4$$

$$\begin{array}{cccc} 1 & 2 & 1 & \\ & 3 & 3 & 1 \\ & & 4 & 6 & 4 & 1 \end{array}$$

$$\underline{\quad} = a^4 + b^4 - ab(4a^2 + 6ab + 4b^2)$$

$$(a-b)^4 \geq 0 \quad \text{or} \quad a^4 + b^4 - ab(4a^2 + 6ab + 4b^2) \geq 0$$

$$\Leftrightarrow a^4 + b^4 \geq ab(4a^2 + 6ab + 4b^2)$$

$$\Leftrightarrow a^4 + b^4 \geq ab(a^2 + b^2)$$

$$\text{So} \quad a^4 + b^4 \geq a^3b + ab^3$$

INEQUALITIES

- 14 The area of a triangle is given by Heron's formula as $A = \sqrt{s(s-a)(s-b)(s-c)}$ where a , b and c are the lengths of the sides and $s = \frac{1}{2}(a+b+c)$. Given that $\sqrt{ab} \leq \frac{a+b}{2}$ and $ab+bc+ca \leq a^2+b^2+c^2$, show that: $A \leq \frac{a^2+b^2+c^2}{6}$.

$$A \leq \frac{s(s-a) + (s-b)(s-c)}{2}$$

$$A \leq \frac{s^2 - as + s^2 - bs - sc + bc}{2}$$

$$A \leq \frac{2s^2 - s(a+b+c) + bc}{2}$$

$$A \leq \frac{2s^2 - s \times 2s + bc}{2}$$

$$\text{as } s = \frac{1}{2}(a+b+c)$$

$$\therefore A \leq \frac{bc}{2}$$

$$\text{likewise } A \leq \frac{ab}{2} \quad \text{and} \quad A \leq \frac{ac}{2}$$

So adding the 3 inequalities, we obtain:

$$3A \leq \frac{ab + bc + ac}{2}$$

But $ab + bc + ac \leq a^2 + b^2 + c^2$, Therefore:

$$3A \leq \frac{a^2 + b^2 + c^2}{2}$$

$$\text{or } A \leq \frac{a^2 + b^2 + c^2}{6}$$

INEQUALITIES

17 Let $g(x) = \sin x - x$.

(a) Show that $g(0) = 0$ and $g'(0) = 0$.

(c) Hence explain why $g(x) \leq 0$ for $x \geq 0$.

(b) Show that $-2 \leq g'(x) \leq 0$ for all x .

(d) Explain why $\sin x < x$ for $x > 0$.

a) $g(0) = \sin 0 - 0 = 0$ $g'(x) = \cos x - 1$ so $g'(0) = 1 - 1 = 0$

b) $-1 \leq \cos x \leq 1 \quad \forall x$, so
 $-2 \leq \cos x - 1 \leq 0$ or $-2 \leq g'(x) \leq 0 \quad \forall x$.

c) as $g'(x) \leq 0$, that means $g(x)$ is decreasing.

But $g(0) = 0$. So $\forall x > 0$ $g(x)$ must be below 0.

i.e. $g(x) \leq 0$ for $x \geq 0$

d) $g(x) \leq 0$ means $\sin x - x \leq 0 \quad \forall x \geq 0$

or $\sin x \leq x \quad \forall x \in \mathbb{R}^+$

or $\sin x < x \quad \forall x > 0$.

INEQUALITIES

19 By letting $a = \frac{1}{x}$ and $b = \frac{1}{y}$ in $\frac{a+b}{2} \geq \sqrt{ab}$, prove that:

(a) $\frac{1}{x} + \frac{1}{y} \geq \frac{2}{\sqrt{xy}}$

(b) $\frac{1}{x^2} + \frac{1}{y^2} \geq \frac{2}{xy}$

a) $\frac{a+b}{2} = \frac{\frac{1}{x} + \frac{1}{y}}{2} = \frac{1}{2} \left(\frac{1}{x} + \frac{1}{y} \right)$

So $\frac{a+b}{2} \geq \sqrt{ab} \iff \frac{1}{2} \left(\frac{1}{x} + \frac{1}{y} \right) \geq \sqrt{\frac{1}{x} \frac{1}{y}}$

or $\left(\frac{1}{x} + \frac{1}{y} \right) \geq \frac{2}{\sqrt{xy}}$

b) Taking the square on both sides:

$$\left(\frac{1}{x} + \frac{1}{y} \right)^2 \geq \frac{4}{xy} \quad \text{or} \quad \frac{1}{x^2} + \frac{2}{xy} + \frac{1}{y^2} \geq \frac{4}{xy}$$

or $\frac{1}{x^2} + \frac{1}{y^2} \geq \frac{2}{xy}$

INEQUALITIES

20 If $1 \leq x \leq 4$, show that: $\frac{1}{3} \leq \frac{1}{1+\sqrt{x}} \leq \frac{1}{2}$

$$1 \leq x \leq 4 \iff 1 \leq \sqrt{x} \leq 2$$

$$\iff 2 \leq 1 + \sqrt{x} \leq 3$$

$$\iff \frac{1}{3} \leq \frac{1}{1 + \sqrt{x}} \leq \frac{1}{2}$$

that was an easy one ... 😊