

INTEGRATION OF $\sin^2 x$ AND $\cos^2 x$

1 Find: (a) $\int 2\cos^2 x dx$ (b) $\int 2\sin^2 x dx$ (c) $\int \sin^2 \frac{x}{2} dx$

$$a) \cos 2x = \cos^2 x - \sin^2 x = 2\cos^2 x - 1 = 1 - 2\sin^2 x, \therefore 2\cos^2 x = 1 + \cos 2x$$

$$\int 2\cos^2 x dx = \int (1 + \cos 2x) dx = x + \frac{\sin 2x}{2} + C$$

$$b) 2\sin^2 x = 1 - \cos 2x,$$

$$\therefore \int 2\sin^2 x dx = \int (1 - \cos 2x) dx = x - \frac{\sin 2x}{2} + C$$

Alternative method, using the result from a)

$$\int 2\cos^2 x dx + \int 2\sin^2 x dx = \int 2(\cos^2 x + \sin^2 x) dx = \int 2 dx = 2x + C$$

$$\therefore \int 2\sin^2 x dx = 2x + C - \int 2\cos^2 x dx = 2x + C - x - \frac{\sin 2x}{2}$$

$$\therefore \int 2\sin^2 x dx = x - \frac{\sin 2x}{2} + C$$

$$c) \cos x = 1 - 2\sin^2 \frac{x}{2} \quad \therefore \sin^2 \frac{x}{2} = \frac{1 - \cos x}{2}$$

$$\therefore \int \sin^2 \frac{x}{2} dx = \int \frac{1 - \cos x}{2} dx$$

$$= \int \frac{1}{2} dx - \frac{1}{2} \int \cos x dx$$

$$= \frac{x}{2} - \frac{1}{2} \sin x + C$$

INTEGRATION OF $\sin^2 x$ AND $\cos^2 x$

1 Find: (d) $\int 2\cos^2 \frac{x}{2} dx$

(e) $\int \sin^2 3x dx$

(f) $\int \cos^2 4x dx$

d) $\cos x = 2\cos^2 \frac{x}{2} - 1 \quad \therefore 2\cos^2 \frac{x}{2} = 1 + \cos x$

$$\int 2\cos^2 \frac{x}{2} dx = \int 1 + \cos x dx = x + \sin x + C$$

e) $\cos 6x = 1 - 2\sin^2 3x \quad \therefore \sin^2 3x = \frac{1 - \cos 6x}{2}$

$$\int \sin^2 3x dx = \int \frac{1 - \cos 6x}{2} dx = \int \frac{1}{2} dx - \frac{1}{2} \int \cos 6x dx$$

$$= \frac{x}{2} - \frac{1}{2} \times \frac{\sin 6x}{6} + C = \frac{x}{2} - \frac{\sin 6x}{12} + C$$

f) $\cos 8x = 2\cos^2 4x - 1 \quad \therefore \cos^2 4x = \frac{1 + \cos 8x}{2}$

$$\int \cos^2 4x dx = \int \frac{1 + \cos 8x}{2} dx$$

$$= \int \frac{1}{2} dx + \frac{1}{2} \int \cos 8x dx$$

$$= \frac{x}{2} + \frac{1}{2} \times \frac{\sin 8x}{8} + C$$

$$= \frac{x}{2} + \frac{\sin 8x}{16} + C$$

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2 Evaluate: (a) $\int_0^{\pi/2} 2 \sin^2 x \, dx$

(b) $\int_0^{\pi/4} \sin^2 x \, dx$

(c) $\int_{\pi/6}^{\pi/3} \cos^2 x \, dx$

a) Using result from 1) b)

$$\int_0^{\pi/2} 2 \sin^2 x \, dx = \left[x + \frac{\sin 2x}{2} \right]_0^{\pi/2} = \left(\frac{\pi}{2} + \frac{\sin \pi}{2} \right) - \left(0 + \frac{\sin 2 \times 0}{2} \right) = \frac{\pi}{2}$$

b) Using result from 1) b) $\int \sin^2 x \, dx = \frac{1}{2} \left[x - \frac{\sin 2x}{2} \right] + C$

$$\therefore \int_0^{\pi/4} \sin^2 x \, dx = \left[\frac{x}{2} - \frac{\sin 2x}{4} \right]_0^{\pi/4}$$

$$= \left(\frac{\pi}{8} - \frac{\sin \pi/2}{4} \right) - \left(\frac{0}{2} - \frac{\sin 2 \times 0}{4} \right) = \frac{\pi}{8} - \frac{1}{4}$$

c) First, we look for the primitive of $\cos^2 x$

$$\cos 2x = 2 \cos^2 x - 1 \quad \therefore \cos^2 x = \frac{1 + \cos 2x}{2}$$

$$\int \cos^2 x \, dx = \int \frac{1 + \cos 2x}{2} \, dx = \int \frac{1}{2} \, dx + \frac{1}{2} \int \cos 2x \, dx$$

$$= \frac{x}{2} + \frac{1}{2} \times \frac{\sin 2x}{2} + C = \frac{x}{2} + \frac{\sin 2x}{4} + C$$

$$\therefore \int_{\pi/6}^{\pi/3} \cos^2 x \, dx = \left[\frac{x}{2} + \frac{\sin 2x}{4} \right]_{\pi/6}^{\pi/3}$$

$$= \left(\frac{\pi}{6} + \frac{\sin(2\pi/3)}{4} \right) - \left(\frac{\pi}{12} + \frac{\sin(\pi/3)}{4} \right)$$

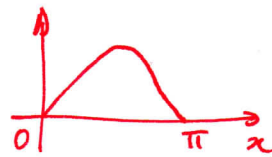
$$= \frac{\pi}{12} + \frac{1}{4} \left(\frac{\sqrt{3}}{2} - \frac{\sqrt{3}}{2} \right) = \frac{\pi}{12}$$

INTEGRATION OF $\sin^2 x$ AND $\cos^2 x$

3 The region under the curve $y = \sin x$ between $x = 0$ and $x = \pi$ is rotated about the x -axis. The volume of the solid of revolution formed is given by:

- A $\int_0^\pi \sin^2 x dx$ B $\pi \int_0^\pi \sin x dx$ **C** $\pi \int_0^\pi \sin^2 x dx$ D $\pi \int_0^\pi \sin x^2 dx$

Note: the curve is above the x -axis at all times
so no problem with sign of integral.



4 The region under the curve $y = \cos x$ between $x = \frac{\pi}{6}$ and $x = \frac{\pi}{3}$ is rotated about the x -axis. Find the volume of the solid of revolution formed.

Note: the curve is above the x -axis between $x = \frac{\pi}{6}$ and $x = \frac{\pi}{3}$, so there's no problem with the sign of the integral.

This volume is given by $V = \int_{\pi/6}^{\pi/3} \pi \cos^2 x dx$

$$V = \pi \int_{\pi/6}^{\pi/3} \cos^2 x dx$$

$$\cos 2x = 2\cos^2 x - 1$$

$$\therefore \cos^2 x = \frac{1 + \cos 2x}{2}$$

$$V = \frac{\pi}{2} \int_{\pi/6}^{\pi/3} (1 + \cos 2x) dx$$

$$V = \frac{\pi}{2} \left[x + \frac{\sin 2x}{2} \right]_{\pi/6}^{\pi/3}$$

$$V = \frac{\pi}{2} \left[\left(\frac{\pi}{3} + \frac{1}{2} \times \sin \left(\frac{2\pi}{3} \right) \right) - \left(\frac{\pi}{6} + \frac{1}{2} \sin \left(\frac{\pi}{3} \right) \right) \right]$$

$$V = \frac{\pi}{2} \left[\frac{\pi}{6} + \frac{1}{2} \left(\frac{\sqrt{3}}{2} - \frac{\sqrt{3}}{2} \right) \right]$$

$$V = \frac{\pi^2}{12} \text{ units}^3$$

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- 9 The region bounded by the curves $y = \sin 3x$, the x -axis and the ordinate $x = \frac{\pi}{12}$ is rotated about the x -axis. Calculate the exact value of the volume of the solid of revolution formed.

when $x = \frac{\pi}{12}$ $3x = \frac{\pi}{4}$

This volume is $V = \int_0^{\pi/12} \pi \sin^2 3x \, dx$

$$\cos 6x = 1 - 2 \sin^2 3x$$

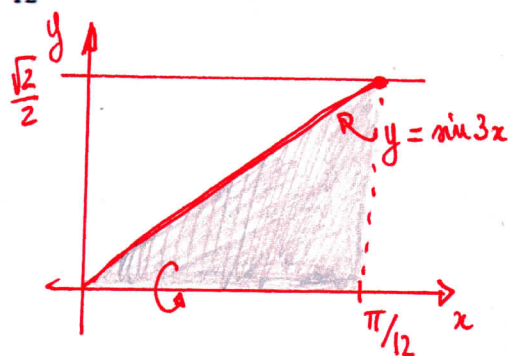
$$\sin^2 3x = \frac{1 - \cos 6x}{2}$$

$$V = \frac{\pi}{2} \int_0^{\pi/12} (1 - \cos 6x) \, dx$$

$$V = \frac{\pi}{2} \left[x - \frac{\sin 6x}{6} \right]_0^{\pi/12}$$

$$V = \frac{\pi}{2} \left[\left(\frac{\pi}{12} - \frac{\sin(\pi/2)}{6} \right) - \left(0 - \frac{\sin 6 \times 0}{6} \right) \right]$$

$$V = \frac{\pi}{2} \left[\frac{\pi}{12} - \frac{1}{6} \right] = \frac{\pi^2}{24} - \frac{\pi}{12} \quad \text{units}^3$$



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10 The region bounded by the curves $y = \sin x$, $y = \cos x$ and the x -axis between $x = 0$ and $x = \frac{\pi}{2}$ is rotated about the x -axis.

(a) Find the point of intersection of the two curves.

(b) Calculate the exact value of the volume of the solid of revolution formed.

a) We look for the values of x between 0 and $\frac{\pi}{2}$ such that $\cos x = \sin x$. It's only $\frac{\pi}{4}$ as $\cos \frac{\pi}{4} = \sin \frac{\pi}{4} = \frac{\sqrt{2}}{2}$

b) When $x < \frac{\pi}{4}$, the curve $y = \cos x$ is above the curve $y = \sin x$, and vice-versa for $x > \frac{\pi}{4}$

\therefore the volume is given by:

$$V = \int_0^{\pi/4} \pi \cos^2 x \, dx + \int_{\pi/4}^{\pi/2} \pi \sin^2 x \, dx$$

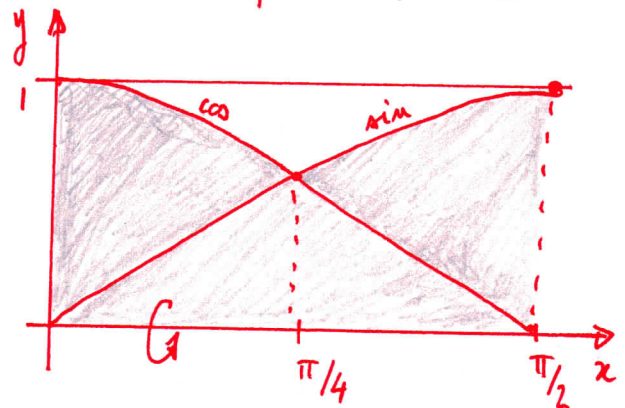
$$V = \pi \int_0^{\pi/4} \frac{1 + \cos 2x}{2} \, dx + \pi \int_{\pi/4}^{\pi/2} \frac{1 - \cos 2x}{2} \, dx$$

$$V = \pi \left[\frac{\pi}{8} + \frac{1}{2} \int_0^{\pi/4} \cos 2x \, dx \right] + \pi \left[\frac{\pi}{8} - \frac{1}{2} \int_{\pi/4}^{\pi/2} \cos 2x \, dx \right]$$

$$V = \frac{\pi^2}{4} + \frac{\pi}{2} \left[\left[\frac{\sin 2x}{2} \right]_0^{\pi/4} - \left[\frac{\sin 2x}{2} \right]_{\pi/4}^{\pi/2} \right]$$

$$V = \frac{\pi^2}{4} + \frac{\pi}{2} \left[\frac{1}{2} - \left(0 - \frac{1}{2} \right) \right]$$

$$V = \frac{\pi^2}{4} + \frac{\pi}{2} \times 1 = \frac{\pi}{4} [\pi + 2]$$



$$\begin{aligned} \cos 2x &= 2\cos^2 x - 1 \\ \text{---} &= 1 - 2\sin^2 x \end{aligned}$$