

INTEGRATION OF TRIGONOMETRIC FUNCTIONS

1 Find: (a) $\int \sin^2 x \, dx$ (b) $\int \cos^2 2x \, dx$ (c) $\int \sin^2 \frac{x}{2} \, dx$ (d) $\int \cos^2 3x \, dx$

a) $\cos 2x = \cos^2 x - \sin^2 x = 1 - 2\sin^2 x$ so $\sin^2 x = \frac{1 - \cos 2x}{2}$

$$\int \sin^2 x \, dx = \int \frac{1 - \cos 2x}{2} \, dx = \frac{1}{2} \left[x - \int \cos 2x \, dx \right] = \frac{1}{2} \left[x - \frac{\sin 2x}{2} \right] + C$$

So $\int \sin^2 x \, dx = \frac{x}{2} - \frac{\sin 2x}{4} + C$

b) $\cos 4x = \cos^2 2x - \sin^2 2x = 2\cos^2 2x - 1$ so $\cos^2 2x = \frac{1 + \cos 4x}{2}$

$$\int \cos^2 2x \, dx = \int \frac{1 + \cos 4x}{2} \, dx = \frac{1}{2} \left[x + \int \cos 4x \, dx \right] + C$$

So $\int \cos^2 x \, dx = \frac{x}{2} + \frac{1}{2} \frac{\sin 4x}{4} + C = \frac{x}{2} + \frac{\sin 4x}{8} + C$

c) $\cos x = 1 - 2\sin^2 \frac{x}{2}$ so $\sin^2 \frac{x}{2} = \frac{1 - \cos x}{2}$

$$\int \sin^2 \frac{x}{2} \, dx = \int \frac{1 - \cos x}{2} \, dx = \frac{1}{2} \left[x - \int \cos x \, dx \right] + C$$

So $\int \sin^2 \frac{x}{2} \, dx = \frac{x}{2} - \frac{1}{2} \sin x + C = \frac{x - \sin x}{2} + C$

d) $\cos 6x = \cos^2 3x - \sin^2 3x = 2\cos^2 3x - 1$

so $\cos^2 3x = \frac{1 + \cos 6x}{2}$

$$\int \cos^2 3x \, dx = \int \frac{1 + \cos 6x}{2} \, dx = \frac{1}{2} \left[x + \int \cos 6x \, dx \right] + C$$

$$= \frac{1}{2} \left[x + \frac{\sin 6x}{6} \right] + C$$

$$= \frac{x}{2} + \frac{\sin 6x}{12} + C$$

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3 Find: (a) $\int \sin^2 x \cos x dx$ (b) $\int \tan x \sec^2 x dx$ (c) $\int \cos^3 x \sin x dx$

$$a) \int \sin^2 x \cos x dx = \int \sin^2 x (\sin x)' dx = \frac{\sin^3 x}{3} + C$$

$$b) \int \tan x \sec^2 x dx = \int \tan x (\tan x)' dx = \frac{\tan^2 x}{2} + C$$

$$c) \int \cos^3 x \sin x dx = \int \cos^3 x (-\cos x)' dx$$
$$\underline{\hspace{2cm}} = - \int \cos^3 x (\cos x)' dx$$
$$\underline{\hspace{2cm}} = - \frac{\cos^4 x}{4} + C$$

Alternative let $u(x) = \cos x$ so $\frac{du}{dx} = -\sin x$

$$\text{so } du = -\sin x \times dx$$

$$\sin x dx = -du$$

$$\int \cos^3 x \sin x dx = \int u^3 \times (-du)$$
$$\underline{\hspace{2cm}} = - \int u^3 du = -\frac{u^4}{4} + C$$
$$\underline{\hspace{2cm}} = -\frac{\cos^4 x}{4} + C$$

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3 Find: (g) $\int \sin x \cos^4 x dx$ (h) $\int \sec^2 x \sin x dx$ (i) $\int \operatorname{cosec}^2 x \cos x dx$

$$\begin{aligned} \text{g) } \int \sin x \cos^4 x dx &= \int \cos^4 x (-\cos x)' dx \\ &= - \int \cos^4 x (\cos x)' dx \\ &= - \frac{\cos^5 x}{5} + C \end{aligned}$$

$$\begin{aligned} \text{h) } \int \sec^2 x \sin x dx &= \int \frac{1}{\cos^2 x} \sin x dx = \int (\cos x)^{-2} (-\cos x)' dx \\ &= - \frac{(\cos x)^{-2+1}}{(-2+1)} + C = - \frac{(\cos x)^{-1}}{(-1)} + C \\ &= \frac{1}{\cos x} + C = \sec x + C \end{aligned}$$

$$\begin{aligned} \text{i) } \int \operatorname{cosec}^2 x \cos x dx &= \int \frac{1}{\sin^2 x} \cos x dx = \int (\sin x)^{-2} (\sin x)' dx \\ &= \frac{(\sin x)^{-2+1}}{-2+1} + C \\ &= \frac{(\sin x)^{-1}}{(-1)} + C \\ &= - \frac{1}{\sin x} + C \\ &= - \operatorname{cosec} x + C \end{aligned}$$

INTEGRATION OF TRIGONOMETRIC FUNCTIONS

3 Find: (g) $\int 2 \cos^2 \frac{x}{2} dx$

(h) $\int \sin^2 \left(\frac{\pi}{2} - x \right) dx$

(i) $\int \sin x \cos 2x dx$

g) $\int 2 \cos^2 \frac{x}{2} dx = \int [\cos x + 1] dx$ as $\cos x = 2 \cos^2 \frac{x}{2} - 1$
 (from $\cos 2x = 2 \cos^2 x - 1$)
 _____ = $\sin x + x + C$

h) $\int \sin^2 \left(\frac{\pi}{2} - x \right) dx = \int \cos^2 x dx = \int \left(\frac{\cos 2x + 1}{2} \right) dx$
 _____ = $\frac{1}{2} \int (\cos 2x + 1) dx = \frac{1}{2} \left[\frac{\sin 2x}{2} + x \right] + C$

_____ = $\frac{\sin 2x}{4} + \frac{x}{2} + C$

i) $\int \sin x \cos 2x dx = \int \frac{1}{2} [\sin(x+2x) + \sin(x-2x)] dx$

(From $\sin A \cos B = \frac{1}{2} (\sin(A+B) + \sin(A-B))$)

So $\int \sin x \cos 2x dx = \frac{1}{2} \int [\sin 3x + \sin(-x)] dx$

_____ = $\frac{1}{2} \int [\sin 3x - \sin x] dx$

_____ = $\frac{1}{2} \left[-\frac{\cos 3x}{3} + \cos x \right] + C$

_____ = $-\frac{\cos 3x}{6} + \frac{\cos x}{2} + C$

INTEGRATION OF TRIGONOMETRIC FUNCTIONS

5 Find: (a) $\int \sin^2 2x \, dx$

(b) $\int \cos^3 2x \, dx$

(c) $\int \sin^2 2x \cos^2 2x \, dx$

a) $\cos 2x = \cos^2 x - \sin^2 x = 1 - 2\sin^2 x$

so $\int \sin^2 2x \, dx = \int \left(\frac{1 - \cos 4x}{2} \right) dx = \frac{1}{2} \left[\int dx - \int \cos 4x \, dx \right]$

$\text{---} = \frac{1}{2} \left[x - \frac{\sin 4x}{4} \right] + C = \frac{x}{2} - \frac{\sin 4x}{8} + C$

b) $\int \cos^3 2x \, dx = \int \cos 2x (\cos^2 2x) \, dx = \int \cos 2x (1 - \sin^2 2x) \, dx$

$\text{---} = \int \cos 2x \, dx - \int \sin^2 2x \cos 2x \, dx$

$\text{---} = \int \cos 2x \, dx - \int \sin^2 2x \left(\frac{\sin 2x}{2} \right)' dx$

$\text{---} = \int \cos 2x \, dx - \frac{1}{2} \int \sin^2 2x (\sin 2x)' dx$

$\text{---} = \frac{\sin 2x}{2} - \frac{1}{2} \frac{\sin^3 2x}{3} + C$

$\text{---} = \frac{\sin 2x}{2} - \frac{\sin^3 2x}{6} + C$

$\text{---} = \frac{\sin 2x}{2} \left[1 - \frac{\sin^2 2x}{3} \right] + C$

INTEGRATION OF TRIGONOMETRIC FUNCTIONS

5 Find: (g) $\int \cos^5 x \, dx$ $\int \cos^4 x \sin^3 x \, dx$

$$g) \int \cos^5 x \, dx = \int \cos^4 x \cos x \, dx = \int (1 - \sin^2 x)^2 \cos x \, dx$$

$$= \int [1 - 2\sin^2 x + \sin^4 x] \cos x \, dx$$

$$= \int \cos x \, dx - 2 \int \sin^2 x \cos x \, dx + \int \sin^4 x \cos x \, dx$$

$$= \sin x - 2 \int \sin^2 x (\sin x)' \, dx + \int \sin^4 x (\sin x)' \, dx$$

$$= \sin x - 2 \frac{\sin^3 x}{3} + \frac{\sin^5 x}{5} + C$$

$$* \int \cos^4 x \sin^3 x \, dx = \int \cos^4 x \times \sin x \times \sin^2 x \, dx$$

$$= \int \cos^4 x \times \sin x \times (1 - \cos^2 x) \, dx$$

$$= \int \cos^4 x \times \sin x \, dx - \int \cos^6 x \sin x \, dx$$

Using the change of variable: $u = \cos x$ so $\frac{du}{dx} = -\sin x$
 or $du = -\sin x \, dx$

$$= -\int u^4 \, du + \int u^6 \, du$$

$$= -\frac{u^5}{5} + \frac{u^7}{7} + C$$

$$= -\frac{\cos^5 x}{5} + \frac{\cos^7 x}{7} + C$$

INTEGRATION OF TRIGONOMETRIC FUNCTIONS

7 Evaluate: (d) $\int_{-\pi}^{\pi} \sin^3 x \cos x \, dx$ (e) $\int_0^{\frac{\pi}{4}} \tan x \sec^2 x \, dx$ (f) $\int_{\pi}^{\frac{3\pi}{2}} \sin x \cos x \, dx$

d) Note that if $f(x) = \sin^3 x \cos x$

then $f(-x) = \sin^3(-x) \cos(-x) = -\sin^3 x \cos x = -f(x)$

So f is odd - So between two opposite values ($-\pi$ and π) around the origin, the integral is zero. $\int_{-\pi}^{\pi} \sin^3 x \cos x \, dx = 0$

Alternatively:

$$\int_{-\pi}^{\pi} \sin^3 x \cos x \, dx = \int_{-\pi}^{\pi} \sin^3 x (\sin x)' \, dx = \left[\frac{\sin^4 x}{4} \right]_{-\pi}^{\pi} = \frac{1}{4} \left[\sin^4 \pi - \sin^4(-\pi) \right] = 0$$

e) $\int_0^{\pi/4} \tan x \sec^2 x \, dx = \int_0^{\pi/4} \tan x (\tan x)' \, dx = \left[\frac{\tan^2 x}{2} \right]_0^{\pi/4}$

$$= \frac{\tan^2(\pi/4)}{2} - \frac{\tan^2 0}{2} = \frac{1}{2} - \frac{0}{2} = \frac{1}{2}$$

f) $\int_{\pi}^{3\pi/2} \sin x \cos x \, dx = \int_{\pi}^{3\pi/2} \frac{\sin 2x}{2} \, dx = \frac{1}{2} \int_{\pi}^{3\pi/2} \sin 2x \, dx$

$$= \frac{1}{2} \left[-\frac{\cos 2x}{2} \right]_{\pi}^{3\pi/2} = -\frac{1}{2} \left[\frac{\cos 3\pi}{2} - \frac{\cos 2\pi}{2} \right]$$

$$= -\frac{1}{2} \left[\frac{-1}{2} - \frac{1}{2} \right]$$

$$= -\frac{1}{2} \times (-1)$$

$$= \frac{1}{2}$$

INTEGRATION OF TRIGONOMETRIC FUNCTIONS

7 Evaluate: (g) $\int_0^\pi 2 \sin \theta \cos^2 \theta d\theta$ (h) $\int_{-\pi/2}^{\pi/2} \cos^2 \left(x - \frac{\pi}{4}\right) dx$

$$g) \int_0^\pi 2 \sin \theta \cos^2 \theta dx = 2 \int_0^\pi \cos^2 \theta \sin \theta d\theta = 2 \int_0^\pi \cos^2 \theta (-\cos \theta)' d\theta$$

$$= -2 \int_0^\pi \cos^2 \theta (\cos \theta)' d\theta = -2 \left[\frac{\cos^3 \theta}{3} \right]_0^\pi$$

$$= -\frac{2}{3} \left[\cos^3 \theta \right]_0^\pi = -\frac{2}{3} \left[\cos^3 \pi - \cos^3 0 \right]$$

$$= -\frac{2}{3} \left[(-1)^3 - 1^3 \right] = -\frac{2}{3} (-1 - 1) = \frac{4}{3}$$

$$h) \int_{-\pi/2}^{\pi/2} \cos^2 \left(x - \frac{\pi}{4}\right) dx = \int_{-\pi/2}^{\pi/2} \left[\frac{1 + \cos 2\left(x - \frac{\pi}{4}\right)}{2} \right] dx$$

$$= \frac{1}{2} \int_{-\pi/2}^{\pi/2} \left[1 + \cos \left(2x - \frac{\pi}{2}\right) \right] dx$$

$$= \frac{1}{2} \int_{-\pi/2}^{\pi/2} \left[1 + \cos \left(\frac{\pi}{2} - 2x\right) \right] dx = \frac{1}{2} \int_{-\pi/2}^{\pi/2} \left[1 + \sin 2x \right] dx$$

$$= \frac{1}{2} \left[x - \frac{\cos 2x}{2} \right]_{-\pi/2}^{\pi/2}$$

$$= \frac{1}{2} \left[\left(\frac{\pi}{2} - \frac{1}{2} \times \cos \pi \right) - \left(-\frac{\pi}{2} - \frac{1}{2} \cos(-\pi) \right) \right]$$

$$= \frac{1}{2} \left[2 \times \frac{\pi}{2} - \frac{(-1)}{2} + \frac{1}{2} (-1) \right] = \frac{1}{2} \left[\pi + \frac{1}{2} - \frac{1}{2} \right] = \frac{\pi}{2}$$